

# **Straight Ahead**

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## **“Consistency”**

When I ask a golfer, in one word to describe the element they would most wish to have present in their game, the answer I usually hear is "Consistency".

Consistency can be greatly improved by implementing a set of constants. I remember back in the 60's when I began playing golf, my set of clubs was a hodge podge. I had to adapt to the club and use a different approach for each one. It was a tall order, and my golf was anything but consistent.

I finally got my first full set of Ben Hogan Little Ben's in 1971, and now with the luxury of having the same grip size and appropriate shaft flex and length, was able to direct my energy and focus toward developing a reliable set up and a repeatable golf swing. I was also lucky enough to have the added benefit of having my dad, a golf pro who could steer me in the right direction.

With today's latest & greatest technologies, a plethora of swing aids, a myriad of videos and numerous teaching facilities all at our disposal, there should be no excuses. But, we're still trying to solve that age old dilemma, "How do I become a more consistent golfer."

The first step is making sure your golf clubs are suited to your game. Lengths, lie, grip size, shaft flex and design style, are your first step in attaining consistency.

Secondly, know your Address Position. It will set you in a position where you are in both the correct relationship to the ball, and the target itself. If you don't have one at this time, learn it well, and begin incorporating this routine into your game, for it will become a very

good friend. Not only will the correct Address Position contribute greatly to your consistency, but it will also keep your mind busy. Less room for negative thoughts and pictures to creep in at the times when you least need them.

The correct Address Position essentially paves the way for your Back Swing.

I have barely scratched the surface here. Next session, I'll give you my Address Position checklist.

Till next time....**Straight Ahead!**